## **Claims**

- A system for providing fresh potatoes for consumption, comprising:

   a container of suitable construction to be placed in and withstand a cooking

   environment capable of cooking fresh potatoes; and

   one or more fresh potatoes placed within said container.
- 2. The system of claim 1 and further, wherein said container is constructed from microwaveable plastic and includes a tray and a cover.

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- 3. The system of claim 1 and further comprising instructions for cooking said fresh potatoes.
- The system of claim 3 and further, wherein said instructions include the
   recommended time for cooking said fresh potatoes within said container within said cooking environment.
  - 5. The system of claim 1 and further comprising a composition for preparing said fresh potatoes for final consumption, said composition disposed within said container.

- 6. The system of claim 5 and further, wherein said composition comprises at least one of butter, margarine and a dressing.
- 7. The system of claim 5 and further, wherein said composition is disposed5 within a package within said container.
  - 8. The system of claim 7 and further, wherein said package is removed from said container prior to cooking.
- 10 9. The system of claim 5 and further, wherein said composition is disposed within said container during cooking.
  - 10. The system of claim 1 and further, wherein said one or more fresh potatoes are cleaned prior to being placed within said container.

- 11. The system of claim 10 and further, wherein said one or more fresh potatoes are cleaned three times prior to being placed within said container.
- 12. The system of claim 1 and further comprising at least one article for20 facilitating consumption of said fresh potatoes, said at least one article disposed within said container.

- 13. The system of claim 12 and further, wherein said at least one article for facilitating consumption of said fresh potatoes comprises at least one of a utensil and a napkin.
- 5 14. The system of claim 13 and further, wherein said utensil comprises at least one of a knife, fork, and spoon.
  - 15. The system of claim 13 and further, wherein said napkin comprises at least one of a dry napkin and a napkin treated with a cleaning composition.

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- 16. A method of providing fresh potatoes for consumption, comprising the steps of:
- (a) packaging one or more fresh potatoes within a container of suitable construction to be placed in and withstand a cooking environment capable of cooking fresh potatoes; and
  - (b) distributing said container to a consumer.
- 17. The method of claim 16 and further, wherein said container is constructed from microwaveable plastic and includes a tray and a cover.

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18. The method of claim 16 and further, wherein step (a) includes the sub-step of providing instructions for cooking said fresh potatoes.

19. The method of claim 18 and further, wherein said instructions include the recommended time for cooking said fresh potatoes within said container within said cooking environment.

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- 20. The method of claim 16 and further, wherein step (a) includes the further substep of providing a composition for preparing said fresh potatoes for final consumption, wherein said composition is disposed within said container.
- 10 21. The method of claim 20 and further, wherein said composition comprises at least one of butter, margarine and a dressing.
  - 22. The method of claim 20 and further, wherein said composition is disposed within a package within said container.

- 23. The method of claim 22 and further, wherein said package is removed from said container prior to cooking.
- 24. The method of claim 20 and further, wherein said composition is disposedwithin said container during cooking.

- 25. The method of claim 16 and further, wherein step (a) includes the sub-step of cleaning said one or more fresh potatoes prior to being placed within said container.
- 26. The method of claim 25 and further, wherein said one or more fresh potatoes
  are cleaned three times prior to being placed within said container.
  - 27. The method of claim 16 and further comprising the step of providing at least one article for facilitating consumption of said fresh potatoes disposed within said container.

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- 28. The system of claim 27 and further, wherein said at least one article for facilitating consumption of said fresh potatoes comprises at least one of a utensil and a napkin.
- 15 29. The system of claim 28 and further, wherein said utensil comprises at least one of a knife, fork, and spoon.
  - 30. The system of claim 28 and further, wherein said napkin comprises at least one of a dry napkin and a napkin treated with a cleaning composition.